

# What should I consider before choosing my major?

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Before making this choice, you should consider several factors: 1) your interests and passions 2) your skills and strengths and 3) your career goals and aspirations. Take the time to reflect and remember that it's okay to seek advice from family, friends, mentors, and colleagues to help you make the best choice for your future.

## Interests & Passions

Choosing a major that aligns with your interests and passions increases the chance of finding a career that brings satisfaction and a sense of purpose. Ask yourself the following questions:



## Skills & Strengths

Choosing a major that builds on your skills and strengths can guide you towards a career path where you are more likely to thrive and succeed. Ask yourself the following questions:

*In which areas do I feel most confident when helping others or providing assistance?*

*What feedback have I received from teachers, mentors, or colleagues regarding my strengths and abilities?*



*What tasks or activities do I find myself naturally good at without much effort?*

*What non-academic skills, such as communication, leadership, problem-solving, or creativity, do I feel are my strengths?*

*Are there any specific technical skills, such as computer programming, data analysis, or graphic design, that I possess?*

## **Career Goals & Aspirations**

Choosing a major that aligns with your career goals and aspirations ensures that your education is purposeful and focused, providing you with relevant knowledge and expertise needed to succeed in your career. Ask yourself the following questions:

*What type of work or profession do I see myself genuinely enjoying and finding fulfillment in?*

*Are there any role models or individuals in my desired field whose career paths inspire me?*



*What are my long-term career objectives, and where do I envision myself in five, ten, or twenty years?*

*How do I define success in my career, and what achievements would make me feel fulfilled?*

*Are there any specific industries or fields that have always intrigued me, and if so, why?*

